

Keeping

Hope

Alive

Devotions for Strength in the Storm



GRACE FOX



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Dear Friend,

One minute we're basking in sunshine and the next—whoosh! A storm sweeps in and sends us scurrying for cover. Plans change in a heartbeat and force us to flex. Sometimes we accept the disruption with ease and grace. Other times, not so much.

Life's like that. Storms happen. It's not a matter of *if*, but *when* the wind and waves will batter our boat. Fear wants to grab us, but there's hope—God rules and we are safe in his grip. No matter what our storm looks like, we can be confident that he will carry us through it. His presence is with us and his Spirit empowers us. He repurposes our pain, using it for our good and for his glory.

I've written this little book to bring inner strength as you navigate the storm. May the words on these pages bring a blessing as you pause to reflect on the stories, ponder their application to your life, and make each sentence prayer your own.

Dear God, please infuse my friend with strength to navigate the storm. Grant reminders of your presence and assurance of your promises. Supply hope in abundance and faith to trust you in the details. I pray this in the power of your name with thanks in advance. Amen.

Know you are loved,

A handwritten signature in black ink that reads "Grace Fox". The script is fluid and cursive, with a large, stylized 'G' and 'F'.



God Prepares Us

*What is mankind that you are mindful of them,
human beings that you care for them?*

PSALM 8:4

Pause

My elderly mother's collapse and hospitalization signaled the beginning of a storm season complicated by COVID chaos. Not coincidentally, it blew in only three weeks after I'd finished writing *Finding Hope in Crisis: Devotions for Calm in Chaos*.

The writing process had immersed me in Scripture for hours every day. It filled my mind with God's promises, truth, and hope. I'd prayed over every detail of the project and for the people in crises who would someday read it. Without my realizing it, God was using my efforts to ready me for the impending torrent.

Nothing fully prepares us for the storm when it strikes, but our compassionate God often readies us in ways unrecognizable at the time. He knows our future and the

challenges it will bring, and he's masterful at addressing them in advance. In hindsight, we can often identify certain circumstances as evidences of his grace and involvement in our lives. Nothing is happenstance. He orchestrates every detail of our lives, and that includes preparing us for the challenges ahead.

Ponder

How has God shown his care by preparing you for the storm you're experiencing?

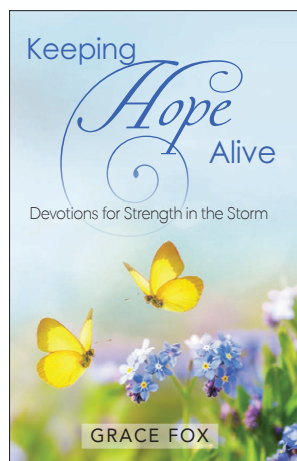
Pray

God, help me recognize your involvement in my life and not credit it to mere coincidence.

“An important key to not becoming overwhelmed by what is going on around us is looking for evidences of God’s hand at work in the midst of the turmoil and being simply overwhelmed with thankfulness to Him.”

NANCY DEMOSS WOLGEMUTH,
Choosing Gratitude: Your Journey to Joy



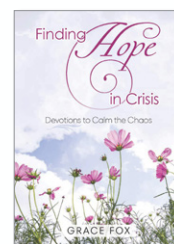


Keeping Hope Alive

Life changes in a nanosecond when storms sweep in, often without warning. They leave our knuckles white and our hearts broken. With minds barely able to think clearly, we often set our Bible aside. In reality, that's when we need its comfort and strength most. This devotional is written for those in crisis, for those longing for hope but lacking the ability to focus on a lengthy Scripture passage. These minute-sized devotions offer respite to readers caught in the storms of life.

Readers of these devotions are facing difficult circumstances and need spiritual encouragement in bite-sized pieces. Their greatest need is hope. They need reassurance that God's love will never let them go. His presence will never leave them, and His strength will carry them through.

Book 9781649380517 \$14.99



Finding Hope in Crisis

Life changes in a nanosecond when storms sweep in, often without warning. With minds barely able to think clearly, we often set our Bible aside. However, in reality, that's when we need its comfort and strength most. This devotional is written for those longing for hope, but are lacking the ability to focus on a lengthy Scripture passage.

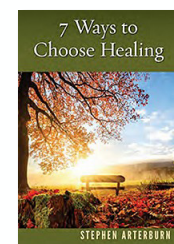
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Uncluttered

How can we sift through the busyness, the mess, and the stress to uncover the abundant life God offers? In this book, one woman shares her journey from a life of stress, stuff, and burnout to one of peace, space, and fulfillment. You'll learn tips for paring down your possessions, simplifying your schedule, and practicing the ancient art of Sabbath.

Book 9781628627916 \$16.99



7 Ways to Choose Healing

The power to heal (emotionally, spiritually, mentally, and physically) is in God's hands, but the ability to receive his healing touch is your choice. From 7 practical steps toward healing to hidden roadblocks that keep you in unnecessary pain, Arterburn will help you rediscover the transforming power of God's Word.

Book 9781628624298 \$5.99

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