



ot so long ago, "following" wasn't much of a thing. But then—in a sort of digital Big Bang moment—the Internet exploded into existence. Soon some really young, really bright minds started inventing new, creative ways for people to connect and keep up with each other. In a flash, modern life became all about "following." Suddenly we're a race of followers—who have followers with followers!

Today you can go online and "follow" an acquaintance's romance on Facebook, her career on LinkedIn, and her vacation on Instagram. You can "follow" the work of an innovative nonprofit via its website and weekly blog. With Twitter you can "follow" almost anyone—from the Pope to a big-name movie star to rank strangers. And if people you're "following" on social media say or do things you don't like, you can hit the "unfollow" button and instantly remove them from your "feed"—and your life.

Is all this what Jesus had in mind when he said, "Follow me"? A casual, distant relationship in which we check in with him once or twice a week? Adding his words to the thousands of other voices we're following in our lives? Or did he mean something much, much deeper?

This little book explores what it looks like to follow Jesus in life-changing ways—while we live in a culture and during an age in which being a "follower" seems to mean less and less.

May God bless your efforts to get to know him better, Christopher D. Hudson

Christopher D. Hudson's mission is to help people read, understand, and apply the Bible. He has authored or contributed to more than fifty Bible projects, sixty-six Bible study guides, and more than a hundred books. He's a graduate of Wheaton College in Illinois, and has been an active teacher in his church for more than twenty years. He lives outside of Chicago with his wife and three children.

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Contents

Part 1: Strengthening Your Faith: God Loves and Saves Us

1. Following Jesus: The Power to Become	8
2. Discipleship: Being a Student-Follower	10
3. Jesus: Who Is He?	12
4. God: If You Want to Know God, Look to Jesus	14
5. Sin: It's More Than an "Oops Moment."	16
6. Forgiveness: "Good" People Need It Too	18
7. Original Sin: We Turned Away	20
8. Jesus' Death: The Strange Message of the Cross	22
9. Jesus' Resurrection: An Empty Tomb = A Risen Savior	24
10. Salvation: Why It's a Big, Big Deal	26
11. Faith: What Does It Mean to Believe?	28
12. Repentance: Going a Different Direction	30
13. Trust: It's about Jesus, Not Religion	32
14. New Life: Becoming a New Creation	34
15. Born Again: Becoming a Child of God	
16. The Holy Spirit: Our Live-in Counselor	38
17. The Trinity: One God—or Three?	40
18. Sinful Nature: Why Do I Keep Doing Old Things?	42
19. Assurance of Salvation: Don't Let Your Feelings Fake You Out!	44
20. The Good Shepherd: When You're Feeling Sheep-ish	46
Part 2: Growing in Faith: Prayer, Bible Study, and Church	
21. Spiritual Growth: What Does It Mean?	48
22. Spiritual Training: How Do I Grow?	50
23. Core Workout: Guarding Your Heart	52
24. Prayer: Conversing with the Almighty	
25. Types of Prayer: What Can I Talk to God About?	56
26. A Life of Prayer: When and Where Should I Pray?	58
27. The Power of Prayer: Does Prayer Change Things?	60
28. Grocery List Prayers: What Hinders Prayer?	62
29. The Bible: God's Message to Us	64
30. The Goal of Bible Reading: Big Heads or Transformed Hearts?	66
31. How to Read the Bible: A Cross-Training Approach	68
32. Memorization: Getting God's Word On Your Heart	70



33. Biblical Meditation: Nutrition for Your Soul	/∠
34. Interpretation: Correctly Handling God's Word	74
35. Application: Putting Eternal Truths to Work	76
36. Community: Faith Is Personal, Not Private.	78
37. The Church: Jesus' Building Project	80
38. The Mission of the Church: Discipleship	82
39. The Body of Christ: Do I Need to Attend Church?	84
40. Church Wounds: When Other Christians Hurt You	86
Part 3: Sharing Your Faith: Spiritual Gifts, Giving, and Evangelism	
41. Ministry: Doing For and Being With	88
42. Service: Rolling up Your Sleeves	90
43. Opposition: The Dark Side of Serving	92
44. Servanthood: A Good Kind of Tired	94
45. Spiritual Gifts: What Are They?	96
46. The Common Good: What's the Point of Spiritual Gifts?	98
47. The Big Lie: "My Gift Doesn't Matter."	100
48. Stewardship: Dispensing Grace	102
49. Giving: What to Give the God Who Has Everything	104
50. Tithing: How Much Should I Give?	106
51. Giving Near and Far: Where Should I Give?	108
52. Joyful Giving: Laughing All the Way to the Offering Plate	110
53. Generosity: Giving with No Strings Attached	112
54. Witnessing: Telling Your Story	
55. The Gospel: Good News Is for Sharing	116
56. Living Like Jesus: Lights in a Dark World	118
57. Sharing Your Faith: Time to Speak Up	120
58. Evangelism: God's Work in It	122
59. Humble Witnessing: Stay Above the Fray	124
60. Successful Witnessing: What Is It Really?	126
Part 4: Standing Strong in Faith: Doubt, Fears, and Trust	
61. Doubt: Let's Be Honest about It	128
62. The Upside of Doubt: Wrestling with Questions	130
63. God's Presence: A Gentle Whisper	132
64. Vibrant Faith: You Can't Rush It	134
65. Fear or Faith: It's Your Choice	136
66. Epic Changes: Why Did Life Get Harder?	138



6/. Our Struggles: Does God Care?	140
68. Times of Trouble: Will God Come through for Me?	142
69. The Bad News: The World Is a Mess	144
70. The Good News: Jesus Has Overcome the World	146
71. Grace: When Your Life is a Mess	148
72. The Problem of Evil: Why Does God Allow Tragedy?	150
73. Biblical Hope: Not a "Wish"	152
74. Finding Meaning: What's My Purpose?	154
75. Finding Your Calling: What's God Plan for Me?	156
76. God's Guidance: How Can I Be Sure?	158
77. Hard Hearts: What about Those Who Don't Know Christ?	160
78. Helping Those Who Struggle: Serve, Don't Save	162
79. Growing Faith: Take Some Holy Risks	164
Part 5: The Goal of Faith: Christlikeness and Eternal Impact	
80. Being Ready: Earmarked for Christ	166
81. Walking by the Spirit: Going the Distance	168
82. Love: The Great Commandment	170
83. Joy: The Serious Business of Heaven	172
84. Peace: Life as God Intended	174
85. Patience: Hurry Up and Wait	176
86. Kindness: A Brand-New Wardrobe	178
87. Goodness: Light in the Lord	180
88. Faithfulness: Like a Rock	
89. Gentleness: Strength Under Control	184
90. Self-Control: Undisciplined Disciples?	186
91. Humility: How to Experience Grace	188
92. Spiritual Slumber: Wake Up!	
93. Idolatry: God-Substitutes	192
94. The World: One Thing Not to Love	194
95. An Eternal Perspective: Having Eyes of Faith	196
96. Spiritual Forgetfulness: Why We Need Reminders	198
97. Work: Drudgery or Opportunity?	. 200
98. Spiritual Warfare: Gearing Up for a Fight	. 202
99. Discipling Others: Passing On What You Know	. 204
100 Worship: A 24/7 Experience	206





Following Jesus: The Power to Become

" 'Come, follow me,' Jesus said."

—MARK 1:17

Why do we love TV shows that feature makeovers (of people, houses, etc.) or those that track unknown people becoming national singing sensations? Surely it's because such stories remind us that change is possible; and deeper than that, they hint at the most miraculous transformation of all.

When Jesus began gathering followers, he essentially said: Follow me, and I will transform you into something you're not. If you'll come to me and remain with me, your life will never be the same. In the end, you'll actually become *like* me.

This is why we come to Jesus. We come to him not only for forgiveness and the promise of eternal life—as amazing as those things are—but in order to *become like him*. Following Jesus isn't about acquiring theological information. It's embarking on a journey of personal transformation. It isn't only about heaven one day; it's about holiness right now.





What are some changes (transformations) that you would like to see in yourself as you embark on this journey of following Jesus?

Prayer

Lord Jesus, teach me new ways today to open my heart to your transforming presence. Amen.

For Further Reading

Mark 1:16-20

The story of how Jesus called his first disciples.





2

Discipleship: Being a Student-Follower

"A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher."

-LUKE 6:40 ESV

Disciple is a churchy-sounding word. What does it actually mean?

In simplest terms, a disciple is a student. First-century Jews would approach a respected rabbi (a religious teacher) and essentially say: "I want to follow you and learn to think and act like you. I want to be your protégé. Will you mentor me?" If the rabbi saw spiritual potential in the applicant, he would take that new student under his wing.

Jesus flipped this custom. He approached some young men and challenged them to follow him—to become his students. They jumped at the opportunity.

To most onlookers, Jesus' new disciples probably didn't seem like "the cream of the crop." Yet Jesus saw undeveloped potential in them. Sure enough, after three years of training, everyone could tell that Peter, John, and the rest were Jesus' students because they bore a striking resemblance to him: "When they saw the courage of Peter and John and realized that they

were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus" (Acts 4:13).

Reflection Question

What is the most exciting thing for you about being a student of Jesus? And what concerns (or worries) you about being Jesus' protégé?

Prayer

Lord Jesus, I want to be your student today—learning from you, emulating you, taking on your character. Amen.

For Further Reading

Matthew 11:28-30

Jesus' surprisingly light "yoke" for his student-followers.









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